To find more information:

For additional resources please visit the Colonial Community Criminal Justice Board website of www.jccegov.com/
communityservices/ccjb-whatsnew.html and the United
Way of Greater Williamsburg website of www.uwgw.org.
Also, please seek out your local Community Service
Board which provides your area with a comprehensive
system of community based Mental Health, Intellectual
Disabilities and Substance Abuse Services. These services are available to residents and visitors.

This brochure is created to connect you and yours with local resources. The information contained in this brochure is provided by officers, operators and sponsors of the services listed. The CCCJB does not specifically endorse or validate any of the organizations listed as information constantly changes but we do hope this information is the first step to assisting you and guiding you in the right direction.



Colonial Community Criminal Justice Board

Working Together

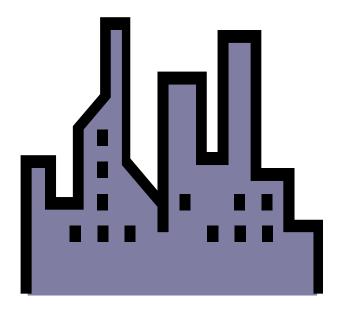
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Building Tomorrow

YOUR COMMUNITY RESOURCES

COUNSELING,
PREGNANCY CENTERS
AND SUPPORT GROUPS



Colonial Community Criminal Justice Board

Big Brothers/Big Sisters of Greater Williams-

burg 757-253-0676

Provides one on one friendship with at-risk children in the Greater Williamsburg Area. CORE is a mentoring program for children between the ages of 6-14 who are being raised by one or no natural parents. SCOPE is a mentoring program within 5 local elementary schools.

CARE Center 757-220-3252

Offers free and confidential pregnancy testing, free layettes, clothing and diapers for newborns and infants up to age 18 months, and referrals for counseling and community resources.

Catholic Charities of Hampton Roads/Eastern

<u>VA</u> 757-253-2847/875-0060

Offers individual, marital, family, parent-child, pregnancy, budget, debt HUD approved housing counseling. Provides domestic and international adoption; post legal adoption services, free pregnancy screening; distribution of children's cloths up to age two; and family life education programs.

Center for Child and Family Services

757-838-1960

Provides individual, group and family counseling; domestic violence group for women and men; anger management for children, teens and adults; assistance for teens wanting to join the workforce, and credit counseling.

Child and Family connection 757-229-7940

Provides mental health counseling for children, adolescents and adults; provides anger management, bullying prevention and coping skills for children in school; provides a social skills group for pre-school children; provides a career development program for youth; and a free resource library is available.

Children's Home Society 800-247-2888

Free, confidential pregnancy counseling, foster care and adoption options explored for mothers/ fathers (wed/unwed), medical referrals and housing assistance.

Community Service Boards

Colonial CSB 757-220-3200/898-7926

Henrico CSB 804-966-5959/727-8500

Provides mental health programs for individuals and families experiencing psychological, emotional or behavioral difficulties in managing their everyday lives and relationships. Clinical services for children, adolescents, adults and the elderly include: family, marital, group and individual therapy; adult substance abuse counseling; workshop for those with mental retardation, People's Place for mental health clients; crisis services 24 ours per day at 7 days a week; psychiatric and psychological evaluations; mental health and mental retardation case management; prevention services including parenting classes, anger management for parents, parental support, parent/child bonding opportunities, parent/child playgroups, infant massage, developmental screenings and employee assistance programs.

Fleet and Family Support Center 757-887-4606

Provides information, programs, support and counseling to those serving on Active Duty or are retired military personnel.

Grief Counseling 757-532-9442/804-642-3981

Free individual bereavement counseling provided by Cheryl Pharr, M. ED, and nationally certified advanced bereavement facilitator.

New Horizons Family Counseling Center

757-221-2363

Family Counseling for families of children who attend public schools. School counselors refer families for service.

<u>The Counseling Center</u> 757-229-4645/833-8998

Provides anger management, substance abuse and mental health counseling for children, adolescents and adults in both individual and group settings.

<u>Virginia Institute of Pastoral Care</u> 757-220-2299

804-282-8332

Pastoral counseling for individuals, couples & families.

SUPPPORT GROUPS

Alanon/Alateen 757-875-9429

Alcoholics Anonymous 757-595-1212

<u>Alzheimer's</u> 757-258-3444/868-0335

ARC 757-229-3535

Avalon-Center for Women & Children

757-258-5051/5022

Sexual Assault & Domestic Violence support for women & groups for children regarding healthy relationships.

Bereavement 757-253-2847/737-2287

Caregivers Group 757-253-2847/875-0060

757-889-4640

Compassionate Friends of Williamsburg

877-969-0010

Family assistance regarding the loss of a child.

Depressive Disorder Group 757-247-0871

Diabetes Group 757-984-7106

Down Syndrome Group 804-796-5141

<u>Kids'N Grief</u> 757-737-2287

A support group for grieving children and parents.

Narcotics Anonymous 757-875-9429

Obsessive Compulsive Disorder Group

757-872-9819

Peninsula Autism Society 757-872-9819

SIDS 800-221-7437

Spiritworks Foundation 757-564-0001

Survivors of Suicide 757-875-0060

Emotional support to those affected by suicide.

Williamsburg AIDS Network 757-220-4606